

APPENDIX C

(See rule 11 in part C)

REGULATIONS FOR THE MEDICAL EXAMINATION OF CANDIDATES FOR ADMISSION TO THE HARYANA CIVIL SERVICE (JUDICIAL BRANCH)

(These regulations are intended merely for the guidance of Medical Examiners and are not meant to restrict their discretion in any way).

1. To be passed as medically fit for admission to the Haryana Civil Service (Judicial Branch). A candidate must be in good mental and bodily health and free from any physical defect likely to interfere with the efficient performance of the duties of his appointment.
2. The candidate's height shall be measured as follows:-

He shall remove his shoes and be placed against the standard with his feet together and the weight thrown on the heels and not on the toes or outer sides of the feet. He shall stand erect without rigidity and with the heel, calves, buttocks, and shoulders touching the standard. The chin shall be depressed to bring the vertex of the head level under the horizontal bar, and the height will be recorded in inches and parts of an inch to quarters.
3. (i) The candidate's chest shall be measured as follows:-

He shall be made to stand erect with his feet together, and to raise his arms over his head. The tape shall be so adjusted round the chest that its upper edge touches the inferior angles of the shoulder blades behind, and its lower edge the upper part of the nipples in front. The arms shall then be lowered to hang loosely by the side, and care shall be taken that the shoulders are not thrown upwards and backwards so as to displace the tape. The candidate shall then be directed to take a deep inspiration several times and the maximum expansion of the chest be carefully noted.

 - (ii) The range of expansion shall not be less than 2".
 - (iii) The minimum and maximum shall be then be recorded in inches 33-35, 34-36 etc.
 - (iv) In recording the measurements, fractions of less than ½ inch should not be noted.
4. The candidate shall also be weighed and his weight recorded in pounds. Fractions of a pound should not be noted.
5. (1) The following conditions should be observed in connection with the acuteness of vision:-

Vision of the candidates

- (a) No candidates will accepted whose distant vision and near vision with or without glasses are less than:-

Distant vision		Near vision	
Better Eye	Worse Eye	Better Eye	Worse Eye
6/9	6/9	0.6	0.8
	or		
6/6	6/12		

- (b) Subject to the visual standards as laid down above being satisfied, the amount of refractive error allowed will be as follows:-
- {i} Total amount of Myopia shall not exceed-8.00 D.
 - {ii} Total hypermetropia shall not exceed plus 6.00D.
- (c) Wherever possible funds examination should be carried out and results recorded. The necessity for carrying out such examination is, however, left to the discretion of the Medical Board.
- (d) The field of vision should be tested by the confrontation method. Where such test gives unsatisfactory or doubtful results, the field of vision should be determined on the perimeter.
- (e) Night blindness need not be tested as a routine, but only in special cases. No standard test for testing of night blindness or dark adaptation is prescribed. It is left at the discretion of the Medical Board to improvise such rough test, e.g. recording of visual acuity with reduced illumination or by making the candidate recognize various objects in a darkened room after he/she has been there for 20 to 30 minutes. Candidate's own statements should not always be relied upon but they should be given due consideration.
- (2) Ocular conditions other than visual acuity.—The ocular conditions or diseases which should be considered as a disqualification are as follows:-
- (a) Any organic disease or a progressive refractive error which is likely to result in lowering the visual acuity should be considered as a disqualification.
 - (b) Trachoma unless complicated shall not ordinarily be a cause for disqualification.
 - (c) Squint- The presence of squint should not be considered as a disqualification if the visual acuity is of the prescribed standard.
- (3) The standard prescribed above should be rigidly adhered to. Relaxation of these standards may, however, be allowed when the age of the candidate at the time of first appointment is 35 years or more. In such cases the standards for vision should be reduced by one step as explained below:-

Better Eye	Worse Eye
6/12	6/12
or	
6/9	6/18

- (4) When a candidate is declared medically unfit on account of visual acuity, any appeal preferred by him/her should be dealt with by a Special Medical Board, the composition of which should include two Ophthalmologists. Ordinarily, the findings of this Special Medical Board should be considered as final but a second appeal shall be permissible in doubtful cases and under very special circumstances.
- (5) It shall be open to Government to relax anyone of the conditions in favour of any candidate for special reasons.
- (6) The urine (passed in the presence of the examiner) should be examined, the result recorded.
- (7) The following additional points should be observed—
 - (a) that the candidate's hearing in each ear is good and that there is no sign of the disease of the ear;
 - (b) that his speech is without impediment.
 - (c) that his teeth are in good order and that he is provided with dentures where necessary for effective mastication (well filled teeth) will be considered as sound;
 - (d) that his chest is well formed and his chest expansion sufficient and that his heart and lungs are sound;
 - (e) that there is no evidence of an abdominal disease;
 - (f) that he is not raptured;
 - (g) that he does not suffer from hydrocele, a severe degree of varicocele varicose veins or piles;
 - (h) that the limbs, hands and feet are well formed and developed and that there is free and perfect motion of all his joints;
 - (i) that he does not suffer from any invertebrate skin disease
 - (j) that there is no congenital malformation or defect;
 - (k) that he does not bear traces of any acute or chronic disease pointing to an impaired constitution; and
 - (l) that he bear marks of efficient vaccination and evidence of revaccination within the last 12 months.
- (8) When any defect is found it must be notified in the certificate and the Medical Examiner should state his opinion whether or not it is likely to interfere with the efficient performance of the duties which will be required of the candidate. If the condition is remediable by operation it should be so stated.
- (9) The following intimation is made for the guidance of the Medical Examiner:-
 - (1) In the medical examination of candidates medical officers are specially required to use fact and judgement and to take proper precaution to secure privacy with the object of removing any objection which may be made by individuals to stripping.
 - (2) Should be candidate object to the exposure of his person for the detection to haemorrhoids, venereal disease, hernia and disease of the testicle, scrotum and rectum, the candidate must if this examination in his case is in the opinion of the Board necessary be rejected.

- (3) The opinion of the Board accepting or rejecting a candidate is final and cannot be questioned on any ground. The Board is debarred from disclosing to any candidate, permanently unfit, the reasons for his rejection. In these cases their opinion and the reasons for his rejection. In these cases their opinion and report is to be treated as strictly confidential and for the information of Government only. Where, however, the Board detects a temporary defect amendable to treatment the candidate may be so informed in order that he may have the defects remedied and present himself for re-examination.
- (4) No person will be deemed qualified for the admission to the Public Service who shall not satisfy the Haryana Government that he has no disease, constitutional affection or bodily infirmity unfitting him, or likely to unfit him for that service.
- (5) It should be understood that the question of fitness involves the future as well as the present, and that the main object of medical examination is to secure continuous effective service, and in the case of candidates for permanent appointment to prevent early pension or payment in the case of premature death. It is at the same time to be noted that the question is one of the likelihood of continuous effective service and that the rejection of the candidate need not be advised on account of the presence of a defect which in only a small proportion of cases, is found to interfere with continuous effective service.
- (10) The candidate must make the statement required below prior to this medical examination and must sign the declaration appended thereto. His attention is specially directed to the warning contained in the note below:-

1 State your name in full

2. State your age and birth place

3. (a) Have you ever had smallpox, intermittent or any other fever, enlargement or suppuration of glands, spitting of blood asthma; inflammation of lungs, heart disease, fainting attacks, rheumatism or appendicitis?
- OR
- (b) Any other disease or accident requiring confinement to bed and medical or surgical treatment?
- (c) Suffered from any illness, wound or injuries sustained while on active service with His Majesty's Forces during the last great wars?
- (d) Have you ever been rejected by a Medical

Board or duly constituted
medical authority?

4. When were you last vaccinated?
5. Have you or may of your near relations been afflicted with consumption, scrofula, gout asthma, fits, epilepsy, or insanity?
6. Have you suffered from any form of nervousness due to overwork or any other cause?

7. Furnish the following particulars concerning your family.

Father's age if living and State of health	Father's age at death and cause of death	Number of brothers living, their ages and state of health	Number of brothers dead, their ages at and cause of death
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Mother's age if living and State of health	Mother's age at death and cause of death	Number of Sisters living, their ages and state of health	Number of Sisters dead, their ages at and cause of death
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I declare all the above answers to be to the best of my belief, true and correct and accept the finding of the Board as final.

Candidate's Signature

Note: -The candidate will be held responsible for accuracy of the above statement. By wilfully suppressing an information he will incur the risk of losing the appointment and if appointed of forfeiting all claims to superannuation, Allowance or Gratuity.

MEDICAL EXAMINER'S REPORT

Questions	<u>Answers</u>	<u>Remarks</u>
1. Has the declaration above been signed by the candidate		
2. Is there any evidence of malformation, congenital or acquired?		
3. Is he free from scars and has he the full use of all limbs?		
4. Are there any indication of a decided Cachectic or diathetic state of Constitution?		
5. Has the candidate been vaccinated within the last twelve months?		
6. Are there any signs of disease of the nervous system?		
7. Is the hearing good?		
Is there any sign of disease of the ear?		
8. What is the candidate's vision?		
	R.E.V. = with glasses= Reads	
	L.E.V.= With glasses= Reads	
	Spectacles, if any R.E.=	
	L.E.=	
9. Is the candidate free from stammer or other serious defect of speech?		
10. Are there any signs of disease of the bones, joints or parts connected therewith?		
11. Is there any important affection of the skin?		
12. Are the heart and arteries healthy?		
13. Has the candidate haemorrhoids, varicocoele, or other affections of veins?		

- 14 Is there any evidence of disease of the respiratory organs?
- 15 Are there any signs of disease of the digestive organs?
- 16 Is the candidate free from rupture?
- 17 Is there any indication of disease of the genital organs ?
- 18 Is the urine free from ----
(1) albumen ;
(2) sugar?
Is the urine otherwise normal?
- 19 Is there anything in the health of the Candidate likely to render him unfit for the efficient discharge of his duties in the service for which he is a candidate?
- 20 Do your consider the candidate In all respect qualified for the efficient and continuous discharge of his duties in the service for which he is a candidate ?

Height (without shoes)

Girth of Chest

(full inspiration)

Weight

Dated:

President

Member

Member